

Your Egg Donor Journey at Nest

A look into the who, what, why, when, & how of the egg donor experience!

Apply here!



CREATE A PROFILE

Take the time to answer the questions to the best of your ability. Include as many photos as possible highlighting your current self, and what you looked like when you were younger!

DONOR QUALIFICATIONS INCLUDE:

21-30
age

NON
smoking

BMI
healthy range

GOOD
health

The egg donor process takes about

8 Weeks

YOU PASSED THE QUESTIONNAIRE!

Once your initial application is approved, we will send you an FDA Prescreen and ask a few more questions. If qualified, we will send you for an AMH blood test at a LabCorp near you. If that result comes back in optimal range for egg donation, you will then work with a Nest Patient Navigator to set up your initial screening at one of our clinic locations.

Ultrasound

History & Physical

Lab Work

Ultrasound

A provider from our clinic will perform a vaginal ultrasound of your ovaries to determine your folliclecount.

History & Physical

The history portion of the screening is a questionnaire meant to evaluate one's social behavior. We also evaluate medical history relating to any transmittable disease such as Syphilis, HIV, Hep B.

The physical portion of the screening will be completed by a nurse practitioner, who will assess for any active signs of transmittable diseases by checking for swollen lymph nodes, enlarged liver or spleen, etc.

Lab Work

We will also draw blood to ensure you are fit to donate. The labs that we will run with the blood sample include:

FDA Labs

Hep B, Hep C, Syphilis, HIV, HTLV, Chlamydia, Gonococcus, West Nile & Zika.

Donor Basic Screening

CBC, ABO/RH, chromosome analysis, & urine toxicity screen.

Genetic Testing

421 recessive disorders / Horizon Genetic Panel

YOUR PATIENT NAVIGATOR:



Psychological Consultation

We will refer you to a recommended third-party psychologist who will help assess that you are healthy to become an egg donor.



Genetic Consultation

We will refer you to a recommended genetic specialist who will review your medical history, as well as your family's medical history.

Starting at

\$8000

for compensation

After all screenings are passed...

Congratulations!

You can now become an eligible egg donor through Nest, and can begin the cycle process. This looks different for each donor and depends on your menstrual cycle and doctor's treatment plan. You will contact your Patient Navigator on Day 1 of your cycle and follow all instructions from there.

TREATMENT PLAN:



Once all necessary pre-requisite items are complete, we can begin your cycle.
For most donors, the treatment plan is as follows:

Priming

You will “prime” your ovaries with birth control pills for around 2 weeks. This is to ensure all follicles are the same size when you begin stimulation medications to grow your ovaries.

Baseline Appointment

This appointment takes place 4 days after stopping your birth control. A transvaginal ultrasound is done to visualize your ovaries and ensure you're ready to begin stimulation medication. You will most likely begin the stimulation medication on this day. The stimulation medication is given in the form of daily self-injection for about 10-14 days.

1st Monitoring Appointment

While you are on stimulation medication, we will need you to come in for monitoring appointments to ensure everything is progressing well. The first monitoring appointment is done once you have been on 3 days of stimulation medications and is a blood draw to assess your hormone levels.

2nd Monitoring Appointment

The second monitoring appointment is a transvaginal ultrasound and blood draw to assess your hormone levels. This occurs once you have been on stimulation medication for 5 days.

More Monitoring Appointment

Additional monitoring appointments may be needed from stimulation days 6-13.

Retrieval

We generally retrieve eggs 12-15 days after beginning stimulation medication. For this procedure, you will be put under anesthesia and it takes around 30 minutes.

You can donate up to

6 Times

YOUR PATIENT NAVIGATOR:



Hotel Booking & Travel

Your team will help with hotel and travel reservations to and from your appointments



Meal Stipends

You will get a daily allowance for meals while you are in SF or NYC for your appointments. You and your team will work together to make this experience as convenient as possible for you!

WHAT'S NEXT?

We will continue to monitor you for 24 hours after your egg retrieval, including a post-op appointment the following day.

Once you are cleared, you will be able to return home. You will then be in our data base as an available donor.

Each time you donate your eggs, you will be compensated!

Is it safe?

Yes! The hormones show no increased risk of cancer.

Does it hurt?

While there is some discomfort associated, it is generally painless and safe.

Do I need to have a relationship with the intended parents or baby?

No, you will remain unidentified.